



## A Raider is...

- ✓ Mentally Tough
- ✓ Physically Fit
- ✓ Morally Strong
- ✓ Composed & Confident
- ✓ Resilient
- ✓ Always Influencing
- ✓ Always Operating
- ✓ Always Improving

## A Raider...

**GETS RESULTS!**

**Come discover  
what you can achieve**

**at Raider School!**



ARMY  
**JROTC**

**RAIDER  
SCHOOL**

is a program sponsored by  
The JROTC Department

of

St. John's Northwestern Military Academy  
1101 Genesee Street  
Delafield, Wisconsin 53018

(262) 646-7199

[www.sjnma.org/raider](http://www.sjnma.org/raider)



**St. John's Northwestern  
Military Academy**



ARMY  
**JROTC**

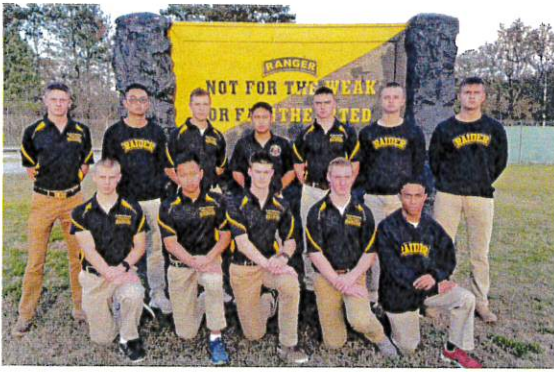
"Relish the glory and challenge  
of overcoming difficulties."

*Earn the coveted black and gold tab  
during Raider School*



**August 13-22, 2018  
RAIDER SCHOOL**





## RAIDER CHALLENGE

**Raider School** is designed to give young men and women the opportunity to expand their knowledge, enhance self-confidence, and develop themselves both individually and as a member of a team. The Raider experience will allow them to stretch their physical, emotional and mental limits by operating outside their normal comfort zone. We believe *there is no such thing as tough*. You are either trained or untrained.

This school will afford cadets the opportunity to be *highly competitive* both regionally and at the national level among hundreds of other programs.

Cadets who earn a place on the competing team will have *opportunities to travel all over the country* for Raider Challenge Meets including Wisconsin, Illinois, Iowa, Georgia, Kansas, Missouri and Hawaii.

### Contact:

LTC (Ret.) Jim Kebisek      SFC (Ret.) Mike Trione  
 Senior Army Instructor      JROTC Instructor  
 (262) 646-7228                      (262) 646-7152  
 jkebisek@sjnma.org              mtrione@sjnma.org

*Space is limited.*



### Equipment Required:

- ACUs (x3) w/boots (summer)
- Standard CamelBak
- All necessary gear for Cadet Life

*Welcome letter for those registered will include a detailed packing list.*

### Qualifications:

- Participants can be young men and women in grades 7-12. Note: Only grades 9-12 are eligible to compete at Raider Meets.
- Participants can expect to carry a 35 lb. pack over rugged terrain and obstacles in varied weather conditions (heat, cold, rain, etc).
- Additionally, approximately 25-30 miles run/walk will be covered throughout school at varied elevations.
- Participants must be physically fit and able to sustain continual exertion. Note: There will be "Beginners" level training for those close, but not able to pass a Fitness Test.
- Cadets are required to have a current Sports Physical on file at SJNMA, which can be completed from home or at Birk Memorial Infirmary on campus.

### Cost:

\$550 (*includes room & board*)

### Daily Schedule:

0530-0600 ..... Wake Up/Personal Hygiene  
 0600-0745 ..... Physical Training  
 0800-0830 ..... Hot Breakfast  
 0830-0900 ..... Personal Hygiene/Prep For Training  
 0900-1200 ..... Training Block  
 1200-1230 ..... Hot Lunch  
 1230-1400 ..... Presentations & Practical Application  
 1400-1800 ..... Training Block  
 1800-1830 ..... Hot Dinner  
 1830-0530 ..... Rest & Refresh

### Training Blocks:

- Raider Mile
- Knots
- Climbing/Rappelling
- Rope Bridge
- Land Nav/Map Skills
- First Aid
- Physical Conditioning
- Raider Skills Course
- Obstacle Course
- 3/6/8/10/12/14K Ruck Run
- Water Survival
- Full Raider Challenge

### Presentations:

- Army Values & Character Development
- Sportsmanship
- Imposed Stress
- Leadership
- Team Development