

6-8 Grade Menu - September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day 4	Munchable Lunch: String Cheese, Yogurt Dinner Roll Fruit Carrots & Celery Milk 5	Hamburger on MG Bun Tots Carrot Coins Apple Slices Milk 6	WG Cheese Quesadilla Salsa Carrot Sticks Fruit Milk 7	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 8
*Contains Pork	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps
Hot Dog on MG Bun Tots Celery Sticks Fruit Pudding (all meals) Milk 11	Cheese Pizza Carrots & Cucumber Peaches Milk 12	WG Chicken Nuggets WG Pretzel Stick Orange Romaine Salad w/ tomatoes Milk 13	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish (Taco Only) Milk 14	Munchable Lunch: String Cheese, Yogurt Dinner Roll Grapes Carrots & Celery Milk 15
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps
Mini Corn Dogs Tots Fruit Broccoli Jello (all meals) Milk 18	Cheese Pizza Celery & Cherry tomatoes Pinapple Chex Mix (Pizza Only) Milk 19	Pizza Dippers with Marinara Apple Slices Bean Salad Milk 20	Pasta w/Meat Sauce Pear Romaine Salad Happy Birthday Cupcake (Pasta only) Milk 21	*Ham & Cheese Sandwich Carrots & Zucchini Coins Fruit Milk 22
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps
Ravioli Celery & Cherry Tomatoes Pears WG Pretzel Rod Milk 25	Hamburger on MG Bun Tots Carrot Coins Apple Slices Pudding (all meals) Milk 26	Chicken Nuggets Corn, Bean Salad Orange Pudding (w/ Chix Nuggets only) Milk 27	Chicken Teriyaki on Rice Broccoli & Carrots Grapes Giant Goldfish Cracker (chicken Teriyaki only) Milk 28	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 29
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps

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Menu Subject to Change

6-8 Grade Menu - October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WG Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail Milk 2	Cheese Pizza Romaine Salad w/cherry tomatoes Peaches Milk 3	Topsy Turvy Yogurt, Pancakes Apple Slices Carrot Sticks & Celery Sticks Milk 4	Chicken and Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish(Choice A) Happy Birthday Cupcake (Choice A)	Munchable Lunch: String Cheese, Yogurt Dinner Roll Grapes Carrot Coins Zucchini Milk 6	Week 5 605.40 kcal 8.0 % Sat Fat 1007.12mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Hot Dog on MG Bun Corn Celery Sticks 1 Peaches Jello(all meals)	Cheeseburger on MG Bun Tots Carrot Coins Apple Slices Milk 10	WG Chicken Nuggets WG Pretzel Stick Fruit Cocktail Romaine Salad w/ Tomatoes Milk 11	Soft Shell Taco Tortilla Beef, Shredded Cheese Black Bean Salsa Apple	*Ham & Cheese Sandwich Carrots & Cucumbers Fruit Milk 13	Week 6 601.38 kcal 9.0 % Sat Fat 1118.73 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Mini Corn Dogs Baked Beans Pineapple Broccoli Milk 16	Topsy Turvy French Toast Sticks Tator Tots, Orange Cucumbers Pudding (All meals) Milk 17	Hamburger on MG Bun Tots Carrot Coins Apple Slices Milk 18	WG Cheese Quesadilla Salsa Carrot Sticks Fruit Milk 19	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 20	Week 1 613.29kcal 9.0 % Sat Fat 1082.04 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Cheese Pizza Celery & Cherry Tomatoes Pineapple Chex Mix (Pizza Only) Milk 23	Macaroni & Cheese Broccoli & Carrots Fruit Milk 24	Topsy Turvy Yogurt, Pancakes Apple Slices Carrot Sticks Celery Sticks Milk 25	Early Release 26	No Elementary 27	
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps			
Hot Dog on MG Bun Tots Celery Sticks Fruit Pudding (all meals) Milk 30	Cheese Pizza Carrots & Cucumber Peaches Milk 31				*Contains Pork
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps				

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Menu Subject to Change

6-8 Grade Menu - November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
*Contains Pork		WG Chicken Nuggets WG Pretzel Stick Orange Romaine Salad w/ Tomatoes Milk 1	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish (Taco Only) Milk 2		3
		<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps		
Mini Corn Dogs Tots Fruit Broccoli Jello (all meals) Milk 6	Cheese Pizza Celery & Cherry Tomatoes Pinapple Chex Mix (Pizza Only) Milk 7	Pizza Dippers with Marinara Apple Slices Bean Salad Milk 8	Pasta w/Meat Sauce Pear Romaine Salad Happy Birthday Cupcake (Pasta only) Milk 9	*Ham & Cheese Sandwich Carrots & Zucchini Coins Fruit Milk 10	Week 3 617.50 kcal 9.0 % Sat Fat 1130.96 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Ravioli Celery & Cherry Tomatoes Pears WG Pretzel Rod Milk 13	Hamburger on MG Bun Tots Carrot Coins Apple Slices Pudding (all meals) Milk 14	Chicken Nuggets Corn Bean Salad Orange Pudding (w/ Chix Nuggets only) Milk 15	Chicken Teriyaki on Rice Broccoli & Carrots Grapes Giant Goldfish Cracker (chicken Teriyaki only) Milk 16	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 17	Week 4 603.4 kcal 9.0 % Sat Fat 1149.27 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Topsy Turvy French Toast Sticks Tator Tots Fruit Celery Pudding (All meals) Milk 20	Cheese Pizza Carrots & Broccoli Apple Slices Milk 21		Thanksgiving Recess 23	Thanksgiving Recess 24	
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps		Thanksgiving Recess 23	Thanksgiving Recess 24	
WG Cheese Quesadilla Black Bean Salsa Broccoli Strawberry Cup Milk 27	Cheese Pizza Romaine Salad w/cherry tomatoes Peaches Milk 28	Topsy Turvy Yogurt, Pancakes Apple Slices Carrot Sticks & Celery Sticks Milk 29	Chicken and Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish(Choice A Only) Happy Birthday Cupcake (Choice A Only) Milk 30		Week 5 605.40 kcal 8.0 % Sat Fat 1007.12mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps		

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Menu Subject to Change

6 - 8 Menu - December 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				Munchable Lunch String Cheese Yogurt, Dinner Roll Grapes Carrot Coins Zucchini Milk 1	Week 5 605.40 kcal 8.0 % Sat Fat 1007.12mg NA
*Contains Pork				<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Hot Dog on MG Bun Corn Celery Sticks Peaches Jello(all meals) Milk 4	Cheeseburger on MG Bun Tots Carrot Coins Apple Slices Milk 5	WG Chicken Nuggets WG Pretzel Stick Fruit Cocktail Romaine Salad w/ tomatoes Milk 6	Soft Shell Taco Tortilla Beef Shredded Cheese Black Bean Salsa Apple slices Giant Goldfish Cracker (Taco Only)	*Ham & Cheese Sandwich Carrots & Cucumbers Fruit Milk 8	Week 6 601.38 kcal 9.0 % Sat Fat 1118.73 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
*Mini Corn Dogs (6 pcs) Baked Beans (#8) Pineapple (#8) Broccoli (1/2 c.) Milk 11	Topsy Turvy French Toast Sticks Tator Tots Orange Cucumbers Pudding (All meals) Milk 12	Hamburger on * Multi Grain Bun Tots (8) Carrot Coins (1/2 c) Apple Slices (#8) Milk 13	WG Cheese Quesadilla Salsa Carrot Sticks Fruit Milk 14	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 15	Week 1 613.29kcal 9.0 % Sat Fat 1082.04 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Topsy Turvy Yogurt Pancakes Syrup Strawberry Cup Carrot Sticks & Celery Sticks Milk 18	Cheese Pizza Romaine Salad w/cherry tomatoes Peaches(Milk 19	Winter Recess 2017-2018 20	21	22	
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps				

6 - 8 Menu - January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Winter Recess 1	Winter Recess 2	Cheese Pizza Carrots & Cucumber Applesauce Cup Milk 3	WG Chicken Nuggets WG Pretzel Stick Fruit, Romaine Salad w/ tomatoes Milk 4	Munchable Lunch String Cheese Yogurt, Dinner Roll Grapes Carrots & Celery Milk 5
		<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps
Mini Corn Dogs Tots, Fruit Broccoli Jello (all meals) Milk 8	Cheese Pizza Celery & Cherry tomatoes Pineapple(#8) Chex Mix (Pizza Only) Milk 9	Pizza Dippers with Marinara Apple Slices Bean Salad Milk 10	Pasta w/Meat Sauce Pear, Romaine Salad Happy Birthday Cupcake (Pasta only) Milk 11	*Ham & Cheese Sandwich Carrots & Zucchini Coins Fruit Milk 12
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps
Martin Luther King Jr. Day 15	Ravioli Celery & Cherry Tomatoes Pears Pretzel Rod Milk 16	Hamburger on MG Bun Tots Carrot Coins Apple Slices Pudding (all meals)	Chicken Nuggets Corn Bean Salad Orange Pudding (w/ Chix Nuggets only) Milk 18	Staff Work Day 19
	<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	
WG Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail Milk 22	Cheese Pizza Romaine Salad w/cherry tomatoes Peaches Milk 23	Topsy Turvy Yogurt Pancakes Apple Slices Carrot Sticks & Celery Sticks Milk 24	Chicken and Gravy Mashed Potatoes Fresh Pear, Celery Sticks Giant Goldfish(Choice A Only) Happy Birthday Cupcake (Choice A Only) Milk 25	Munchable Lunch: String Cheese, Yogurt Dinner Roll Grapes Carrot Coins Zucchini Milk 26
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps
Dog on MG Bun Corn Celery Sticks Peaches Jello(all meals) Milk 29	Cheeseburger on MG Bun Tots Carrot Coins Apple Slices Milk 30	WG Chicken Nuggets WG Pretzel Stick Fruit Cocktail Romaine Salad w/ Tomatoes Milk 31		
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps		

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Menu Subject to Change

6- 8 Menu - February 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			Soft Shell Taco Tortilla, Beef, Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish Cracker (Taco Only) Milk 1	*Ham & Cheese Sandwich Carrots & Cucumbers Fruit Milk 2	Week 6 601.38 kcal 9.0 % Sat Fat 1118.73 mg NA
			Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Mini Corn Dogs Baked Beans Pineapple Broccoli Milk 5	Topsy Turvy French Toast Sticks Tator Tots Orange Cucumbers Pudding (All meals) Milk 6	Hamburger on MG Bun Tots Carrot Coins Apple Slices Milk 7	WG Cheese Quesadilla Salsa Carrot Sticks Fruit Milk 8	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 9	Week 1 613.29kcal 9.0 % Sat Fat 1082.04 mg NA
Ala Carte Choices Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Hot Dog on MG Bun Tots Celery Sticks Fruit Pudding (all meals) Milk 12	Cheese Pizza Carrots & Cucumber Peaches Milk 13	WG Chicken Nuggets WG Pretzel Stick Orange Romaine Salad w/ tomatoes Milk 14	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish (Taco Only) Milk 15	Munchable Lunch String Cheese, Yogurt Dinner Roll Grapes Carrots & Celery Milk 16	Week 2 617.50 kcal 9.0 % Sat Fat 1117.72 mg NA
Ala Carte Choices Garlic Cheese Bread Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Mini Corn Dogs Tots Fruit Broccoli Jello (all meals) Milk 19	Cheese Pizza Celery & Cherry Tomatoes Pineapple Chex Mix (Pizza Only) Milk 20	Pizza Dippers with Marinara Apple Slices Bean Salad Milk 21			Week 3
Ala Carte Choices Garlic Cheese Bread Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps			
Ravioli & Cherry Tomatoes Pears WG Pretzel Rod Milk 26	Celery Hamburger on MG Bun Tots Carrot Coins Apple Slices Pudding (all meals) Milk 27	Chicken Nuggets Corn Bean Salad Orange Pudding (w/ Chix Nuggets only) Milk 28			*Contains Pork
Ala Carte Choices Garlic Cheese Bread Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps			

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Menu Subject to Change

6- 8 Menu - March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			Chicken Teriyaki on Rice Broccoli & Carrots Grapes Giant Goldfish Cracker (chicken Teriyaki only) Celery Sticks Milk 1	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 2	Week 4 603.4 kcal 9.0 % Sat Fat 1149.27 mg NA
			Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
WG Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail Milk 5	Cheese Pizza Romaine Salad w/cherry tomatoes Peaches Milk 6	Topsy Turvy Yogurt Pancakes Apple Slices Carrot Sticks & Celery Sticks Milk 7	Chicken and Gravy Mashed Potatoes, Fresh Pear Celery Sticks Giant Goldfish(Choice A Only) Happy Birthday Cupcake (Choice A Only) Milk 8	Munchable Lunch: String Cheese Yogurt, Dinner Roll Grapes Carrot Coins Zucchini Milk 9	Week 5 605.40 kcal 8.0 % Sat Fat 1007.12mg NA
Ala Carte Choices Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Hot Dog on MG Bun Corn Celery Sticks Peaches Jello(all meals) Milk 12	Cheeseburger on MG Bun Tots Carrot Coins Apple Slices Milk 13	WG Chicken Nuggets WG Pretzel Stick Fruit Cocktail Romaine Salad w/ Tomatoes Milk 14	Soft Shell Taco Tortilla, Beef Shredded Cheese Black Bean Salsa Apple Giant Goldfish Cracker (Taco Only) Milk 15	*Ham & Cheese Sandwich Carrots & Cucumbers Fruit Milk 16	Week 6 601.38 kcal 9.0 % Sat Fat 1118.73 mg NA
Ala Carte Choices Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Mini Corn Dogs Baked Beans Pineapple Broccoli Milk 19	Topsy Turvy French Toast Sticks Tator Tots Orange Cucumbers Pudding (All meals) Milk 20	Hamburger on MG Bun Tots Carrot Coins Apple Slices Milk 21	WG Cheese Quesadilla Salsa Carrot Sticks Fruit Milk 22	Staff Workday 23	Week 1 613.29kcal 9.0 % Sat Fat 1082.04 mg NA
Ala Carte Choices Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps		
Hot Dog on MG Bun Tots Celery Sticks Fruit Pudding (all meals) Milk 26	Cheese Pizza Carrots & Cucumber Peaches Milk 27	WG Chicken Nuggets WG Pretzel Stick Orange Romaine Salad w/ Tomatoes Milk 28	Soft Shell Taco Tortilla Shell , Beef Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish (Taco Only) Milk 29	No School 30	Week 2 617.50 kcal 9.0 % Sat Fat 1117.72 mg NA
Ala Carte Choices Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps		*Contains Pork

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Menu Subject to Change

6-8 Grade Menu - May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TOTAL
	Cheeseburger on MG Bun Tots Carrot Coins Apple Slices Milk 1	WG Chicken Nuggets WG Pretzel Stick Fruit Cocktail Romaine Salad w/ Tomatoes Milk 2	Soft Shell Taco Tortilla, Beef Shredded Cheese Black Bean Salsa Apple Slices (1/2 c) Giant Goldfish Cracker (Taco Only)	*Ham & Cheese Sandwich Carrots & Cucumbers Fruit Milk 4	Week 6 601.38 kcal 9.0 % Sat Fat 1118.73 mg NA
	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Mini Corn Dogs Baked Beans Pineapple Broccoli Milk 7	Topsy Turvy French Toast Sticks Tots Orange Cucumbers Pudding (All meals) Milk 8	Hamburger on MG Bun Tots Carrot Coins Apple Slices Milk 9	WG Cheese Quesadilla Salsa Carrot Sticks Fruit Milk 10	Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 11	Week 1 613.29kcal 9.0 % Sat Fat 1082.04 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Hot Dog on MG Bun Tots Celery Sticks Fruit Pudding (all meals) Milk 14	Cheese Pizza Carrots & Cucumber Peaches Milk 15	Chicken Nuggets WG WG Pretzel Stick Orange Romaine Salad w/ Tomatoes Milk 16	Soft Shell Taco Tortilla Shell, Beef Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish (Taco Only) Milk 17	Munchable Lunch: String Cheese Yogurt Dinner Roll Grapes Carrots & Celery Milk 18	Week 2 617.50 kcal 9.0 % Sat Fat 1117.72 mg NA
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
Mini Corn Dogs Tots Fruit Broccoli Milk 21	Cheese Pizza Celery & Cherry Tomatoes Pinapple Milk 22	Pizza Dippers with Marinara Apple Slices Bean Salad Milk 23	Pasta w/Meat Sauce Pear Romaine Salad Happy Birthday Cupcake Milk 24	Release 25 Early	Week 3
<u>Ala Carte Choices</u> Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps			<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps		
Memorial Day 28	Hamburger on MG Bun Tots Carrot Coins Apple Slices Pudding (all meals) Milk 29	Chicken Nuggets Corn Bean Salad Strawberry Cup Pudding (w/ Chix Nuggets only) Milk 30	Chicken Teriyaki on Rice Broccoli & Carrots Grapes Giant Goldfish Cracker (chicken Teriyaki only) Milk 31		
	<u>Ala Carte Choices</u> Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs Wraps	<u>Ala Carte Choices</u> Grilled Cheese Large Salad w/2 rolls Subs Wraps	<u>Ala Carte Choices</u> Mini corn Dogs Large Salad w/2 rolls Subs Wraps		*Contains Pork

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Menu Subject to Change

6-8 Grade Menu - June 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				Turkey & Cheese Sandwich Zucchini Coins & Cherry Tomatoes Fruit Milk 1	Week 4
				Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
WG Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail Milk 4	Cheese Pizza Romaine Salad w/cherry tomatoes Peaches Milk 5	Topsy Turvy Yogurt, Pancakes Apple Slices Carrot Sticks & Celery Sticks Milk 6	Chicken and Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish (Choice A Only) Happy Birthday Cupcake (Choice A Only) Milk 7	Munchable Lunch: String Cheese Yogurt Dinner Roll Grapes Carrot Coins Zucchini Milk 8	Week 5 605.40 kcal 8.0 % Sat Fat 1007.12mg NA
Ala Carte Choices Garlic Cheese Bread Large Salad w/ 2 rolls Subs Wraps	Ala Carte Choices Chicken Nuggets w/roll Large Salad w/ 2 rolls Subs	Ala Carte Choices Grilled Cheese Large Salad w/2 rolls Subs Wraps	Ala Carte Choices Mini corn Dogs Large Salad w/2 rolls Subs Wraps	Ala Carte Choices WG Mini Pizza Bagel Large Salad w/2 rolls Subs Wraps	
11	12	13	14	15	*Contains Pork

This institution is an equal opportunity provider.

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