

WK 1

MIDDLE SCHOOL SEPTEMBER 4-8, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	DISTRICT CLOSED LABOR DAY	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
Sides	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL SEPTEMBER 11-15, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL SEPTEMBER 18-22, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	
Choose 1 Entrée Daily						
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken	w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

MIDDLE SCHOOL SEPTEMBER 25-29, 2017

WK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL OCTOBER 2-6, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL OCTOBER 9-13, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1 Entrée Daily					
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	No school for MS Students
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

MIDDLE SCHOOL OCTOBER 16-20, 2017

WK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL OCTOBER 23-27, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL OCTOBER 30-NOVEMBER 3, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1 Entrée Daily					
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	STAFF WORKDAY
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	NO MS STUDENTS REPORT
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

MIDDLE SCHOOL NOVEMBER 6-10, 2017

WK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	STAFF DEVELOPMENT DAY NO MS STUDENTS REPORT
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL NOVEMBER 13-17, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL NOVEMBER 20-24, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1 Entrée Daily					
Entrées	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll	Early release for students- No lunches served	
	Chicken Patty Sandwich	Hamburger		THANKSGIVING RECESS	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll		THANKSGIVING RECESS	
	Sub Sandwich	Large Salad w/2 Dinner Rolls			
	Wrap	Sub Sandwich			
	Yogurt Parfait	Wrap			
	Nardones Buffalo Chix Pizza	Yogurt Parfait			
		Nardones Cheese Pizza			
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

MIDDLE SCHOOL NOVEMBER 27-DECEMBER 1, 2017

WK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL DECEMBER 4-8, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL DECEMBER 11-15, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	
Choose 1 Entrée Daily						
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken	w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

WK 1

MIDDLE SCHOOL DECEMBER 18-22, 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs	Chicken Nuggets w/Dinner Roll	District Closed Winter Break Dec. 20 through Jan. 2		District Closed Winter Break Dec. 20 through Jan. 2
	Chicken Patty Sandwich Large Salad w/2 Dinner Rolls	Hamburger Pepperoni Pizza Stick			
	Sub Sandwich	Large Salad w/2 Dinner Rolls			
	Wrap	Sub Sandwich			
	Yogurt Parfait	Wrap			
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza			
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL JANUARY 3-5, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
			Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
			Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
			Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
			Sub Sandwich	Sub Sandwich	Sub Sandwich
			Wrap	Wrap	Wrap
			Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
			Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL JANUARY 8-12, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	
Choose 1 Entrée Daily						
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken	w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

Average Weekly Totals:

629.01 Kcal
 9.00% Sat Fat
 893.42 mg NA

WK 1

MIDDLE SCHOOL JANUARY 15-19, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	District Closed Dr. Martin Luther King Jr. Day	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	No Students Report
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL JANUARY 22-26, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL JANUARY 29-FEBRUARY 2, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1 Entrée Daily					
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

WK 1

MIDDLE SCHOOL FEBRUARY 5-9, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL FEBRUARY 12-16, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL FEBRUARY 19-23, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1 Entrée Daily					
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	No Students Report Staff Development Day
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

MIDDLE SCHOOL FEBRUARY 26-MARCH 2, 2018

WK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL MARCH 5-9, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL MARCH 12-16, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1 Entrée Daily					
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

WK 1

MIDDLE SCHOOL MARCH 19-23, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	No Students Report Staff Workday
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL MARCH 26-30, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrees	Choose 1 Entrée Daily					
		Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	DISTRICT CLOSED SPRING BREAK MARCH 30- APRIL 8	
	Chipolte Chicken Sandwich		Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun		
	Mini Corn Dogs	Hamburger	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls		
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Sub Sandwich	Sub Sandwich		
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Wrap	Wrap		
	Wrap	Sub Sandwich	Yogurt Parfait	Yogurt Parfait		
	Yogurt Parfait	Wrap	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza		
Nardones Buffalo Chix Pizza	Yogurt Parfait					
	Nardones Cheese Pizza					
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL APRIL 9-13, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	
Choose 1 Entrée Daily						
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken	w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

WK 1

MIDDLE SCHOOL APRIL 16-20, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	No Students Report Development Day Staff
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL APRIL 23-27, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL APRIL 30-MAY 4, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	
Choose 1 Entrée Daily						
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken	w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

WK 1

MIDDLE SCHOOL MAY 7-11, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	Mini Corn Dogs Chicken Patty Sandwich Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Buffalo Chix Pizza	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL MAY 14-18, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA

MIDDLE SCHOOL MAY 21-25, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	
Choose 1 Entrée Daily						
Entrees	Hot Dog on a Bun	Macaroni & Cheese	w/Dinner Roll Orange Chicken	w/Rice & Dinner Roll	Chicken & Mashed Potato Combo w/Dinner Roll	Quesadilla w/salsa
	Chicken Patty Sandwich	Hamburger	Garlic Cheese Bread	Mini Corn Dogs	Hamburger	
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich	
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap	
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll	
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>						
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday					
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Bean Salad Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Corn Mashed Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily					

WK 1

MIDDLE SCHOOL MAY 28-JUNE 1, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	Choose 1 Entrée Daily				
Entrees	District Closed Memorial Day	Chicken Nuggets w/Dinner Roll Hamburger Pepperoni Pizza Stick Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Cheese Pizza	Chicken Teriyaki w/ Rice & Dinner Roll Garlic Cheese Bread Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones BBQ Chicken Pizza	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese) Mini Corn Dogs Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Nardones Hawaiian Pizza	Meatball Bomber w/Marinara Hamburger Large Salad w/2 Dinner Rolls Sub Sandwich Wrap Yogurt Parfait Mini Pizza Bagel
	<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>				
	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
Sides	Corn Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

620.70 Kcal

9.00% Sat Fat

895.11 mg NA

WK 2

MIDDLE SCHOOL JUNE 4-8, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Choose 1 Entrée Daily				
	Chipolte Chicken Sandwich	Taco Bar (2 6 " tortillas or 32 chips, #10 scoop taco meat, 1/4 oz cheese)	Pizza Dippers w/Marinara	Chicken Egg Rolls	Turkey & Gravy w/dinner roll & Chocolate Chip Gripz
	Mini Corn Dogs	Hamburger	Garlic Cheese Bread	BBQ Pork Rib Sandwich on Sub Bun	Hamburger
	Large Salad w/2 Dinner Rolls	Chicken Nuggets w/Dinner Roll	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls	Large Salad w/2 Dinner Rolls
	Sub Sandwich	Large Salad w/2 Dinner Rolls	Sub Sandwich	Sub Sandwich	Sub Sandwich
	Wrap	Sub Sandwich	Wrap	Wrap	Wrap
	Yogurt Parfait	Wrap	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
	Nardones Buffalo Chix Pizza	Yogurt Parfait Nardones Cheese Pizza	Nardones BBQ Chicken Pizza	Nardones Hawaiian Pizza	Chicken Nuggets w/Dinner Roll
<i>All Fruits & Veggies are 1/2 c. servings unless otherwise noted</i>					
Sides	Choose up to 2 Veggies plus 1 fruit daily. Choose up to 2 Veggies plus 1 Fruit & 1 Juice on Tues. & Friday				
	Tots Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Refried Beans Roasted Potatoes Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Hot Vegetable Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Side Salad Fresh Veggies Fresh Fruit Canned Fruit	Mashed Potatoes Green Beans Side Salad Fresh Veggies Fresh Fruit Canned Fruit
Milk	Choose 1 serving per day. Skim white milk, 1 % white milk or Skim Chocolate milk offered daily				

Middle School

This institution is an equal opportunity provider.

Menu Subject to Change

Average Weekly Totals:

624.59 Kcal

9.00% Sat Fat

949.38 mg NA