



K E N O S H A

Senior Center

Welcome to a brighter day!

2717 67th Street Kenosha, WI 53143 262-359-6260

Vol. 30, No. 2

February 2025

NEWSLETTER

Senior Center Hours:

Monday-Friday 8:30am-3:45pm

Visit us at:

www.kusd.edu/seniorcenter

Facebook:

www.facebook.com/kenoshasenior

Program Director:

Annette Ruffalo
aeruffal@kusd.edu

Administrative Assistant:

Kandy Stull
kstull@kusd.edu

Senior Dining:

KAFASI 262-351-6246

BOARD OF DIRECTORS

President:	Kathy Flammang
Vice President:	Ron Mengel
Secretary:	Carol Kessler
Asst. Secretary:	Sue Moe
Treasurer:	Bryan Mogensen

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Eloda Birch	Dewey Sammons
MaryAnn Bourget	Carol Sieber
Joan Hall	Cheryl Millholland
Barbara Johnson	Barb Van Dyke

Dear Members,

The year is off to a great start! I want to thank everyone for their support for the Senior Center and making every day a brighter one!

The Christmas Party was a fabulous time and I thoroughly enjoyed celebrating the holiday with all who attended.

We have some delays on the Board approved upgrades for the Center but we are still pushing through and you will be informed on the progress when we get there. Exciting changes are happening!!!

Please remember to pay close attention to the calendar, class schedules and announcements as changes have been made recently last minute due to unexpected circumstances.

Annette



Valentine Gratitude

On Valentine's Day,
I think of people
Who make life better,
happier, just by being around,
people whose good nature,
ready smile and eagerness to help
enrich everyone they meet.

On Valentine's Day,
I remember
what a pleasure it is to know you.

By Joanna Fuchs



BUS TRIPS

Back in the Building Elvis Tribute

Closed. Waiting list.



Date: Thursday, February 20, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

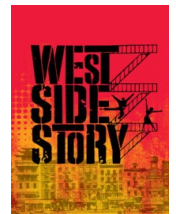
Trip Description: In honor of Elvis' 90th birthday, The Fireside and Legends in Concert kick off the 2025 season with jumpsuits, black leather, swiveling hips, and leg-shaking, presenting their newest retrospective of Elvis' life in music told through the eyes of the world's best tribute artists.

Menu: Meal choices: **Grilled Pork Ribeye:** OR **Rainbow Trout:** OR **Sliced Roast Beef Tenderloin.** A **Flourless Chocolate Cake** served as dessert. Complimentary coffee, tea and milk.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

West Side Story

Tickets still available!



Date: Thursday, March 27, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

Trip Description: From the first notes to the final breath, *WEST SIDE STORY* is a theatrical event not to be missed. Shakespeare's *Romeo and Juliet* is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time. Broadway legends Arthur Laurents, Leonard Bernstein, Stephen Sondheim, and Jerome Robbins created a show that is both ageless and as fresh as tomorrow's headlines. Join us for this landmark musical and epic tale of love eternal love.

Menu: Meal Choices: **Sliced Pork Tenderloin:** Slow Roasted Pork Tenderloin, sliced and crowned with rich pork stock gravy, served with Herbed Stuffing and Cinnamon Applesauce
Coconut Chicken: Skinless Breast of Chicken dipped in egg batter, rolled in Coconut and Panko Breadcrumbs, sautéed to a golden brown, and glazed with Brandied Apricot Sauce.
Seared Halibut: A fresh Halibut Filet pan-seared to a golden brown, served with a Tamari Aioli. A **Cherry Crisp** will be served as dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

2025 Special Events and Trips

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!

Thursday, Feb. 20	Back in the Building	Fireside Theatre
Friday, Feb. 21	Valentine's Dance	KSC
Friday, Mar 21	St. Patrick's Dance	KSC
Thursday, Mar 27	West Side Story	Fireside Theatre
Spring 2025	Casino Trip	TBD
Friday, April 25	Dance	KSC
Tuesday, May 6	Spring Swing	Sanfilippo Estates
Friday, May 16	Dance	Kenosha
Thursday, May 29	Murder Orient Express	Fireside Theatre
Thursday, June 19	Kingfish Game	Kenosha
Friday, June 20	Dance	KSC
Thursday, June 26	Last Potluck Supper	Fireside Theatre
Wednesday, July 30	Brewers vs. Cubs	American Family Field
Thursday, August 7	Picnic	KSC
Summer 2025 (tentative)	Boat trip/outing	TBD
Friday, Sept 19	Dance	KSC
Thursday, October 23	Oklahoma	Fireside Theatre
Friday, October 31	Halloween Dance	KSC
Saturday, Nov. 8	Holiday Craft Fair	KSC
Friday, Nov. 21	Dance	KSC
Thursday, Dec. 4	Holiday Shopping Trip	Woodfield Mall
Friday, Dec. 5	Deck the Halls party	KSC
Friday, Dec. 12	Christmas Party	TBD
Thursday, Dec. 18	A Wonderful Life	Fireside Theatre
Friday, Dec. 19	Holiday Dance	KSC

Kenosha Senior Center Trip Policy: We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket. We cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.



Foot Clinic

Friday, February 14, 2025 from 9-Noon

The Foot Clinic is offered by the Kenosha Visiting Nurse Association at the Senior Center every other month. Foot service includes a foot soak, nail care and lotion application for \$35.00. Call the Senior Center at 262-359-6260 to make an appointment. You need to sign up by the 1st Friday of the month. You can pre-register for future months.

Classes & Center Updates

- Senior Moments no longer meeting at Center
- Chorus is off until March
- Center closed Tuesday, Feb. 18th and April 1st for Elections

FREE BINGO



**Tuesday, February 25, 2025 at 1pm
For Senior Center Members**

- **Register:** host desk or call 262-359-6260. by Noon on the Thursday before BINGO
- **Supplies:** Cards and markers are provided to play.

Sponsored by:

Hospice Alliance



FREE

**Coffee and Donuts
9:30am-10:30am**

Wednesday, February 5, 2025

Sponsored by : Lowe Insurance



Wednesday, February 12, 2025

Sponsored by : Amedisys Hospice

FriYAY, February 14, 2025

Sponsored by : Home Helper



Wednesday, February 19, 2025

Sponsored by : Kenosha Place

Wednesday, February 26, 2025

Sponsored by : Moments Hospice



Wii Bowling Banquet Monday February 24th at 1:00pm

All bowlers who participated in the Winter Wii Bowling League are invited to an afternoon of food, prizes, awards and fun! Please sign up by Monday February 17th to join the celebration and bring a dish to pass.



Wii Bowling League Spring Session Sign Up will be Monday March 17, 2025 at 2:00pm

There will be a meeting for everyone interested in joining the Wii Bowling League. Sign up will be held at the end of the meeting. The Spring League will be held on **Thursdays at 12:30pm beginning April 10, 2025.** Cost to join \$5 per member, teams will consist of two members.

Senior Dining

Fellowship, Food and Fun

Sit Down Meals Served at 11:30am

Suggested Donation is \$5.00



- 🍎 Meals include dessert and beverage
- 🍎 Open to anyone 60+ and their spouse, regardless of age
- 🍎 Menus available at the Senior Center or on-line at kafasi.org/nutrition.html
- 🍎 Great way to meet new friends

Reservations required by 10:00am the prior day: 262-351-6246

In-Person Senior Dining ... More than just a meal

Find the NEW LOGO Contest

We've hidden our logo in this newsletter!
It's a **smaller** version of the one here.

To win: Call the Center at 262-359-6260 or email kstull@kUSD.edu with your information by the 20th of the Month:

1. Member's Name
2. Phone Number
3. Page # you found the logo on



You **must** include all of this information to be included in the drawing and be an active member.

December Winners:

Mike Stancato, Doris Marshall, Grand Taylor

History Book Discussion Group

Every 2nd Wednesday, 1pm-2:30pm

If you love reading and history, this is a great group for you! Stop by and listen in. No fee. No registration. Just reading great books and having lively discussions.

Each person will choose a factual history book and read it then bring their book to the meeting and give a brief summary. Everyone will have a chance to summarize their book and there will be time for discussion at the end.



Mahjong Lessons For Beginners

Tuesdays 9:30am—10:30am

Slower paced Mahjong lessons for beginners. Each week will be a different lesson. Watch a short YouTube video and have practice time.



Ballroom Dancing

Wednesdays at 10:30am

Singles, couples, beginners, intermediate or advanced dancers are welcome to dance and socialize with others that love to move their feet. There is no fee.



Drop In Craft Day

Wednesdays 9am-Noon

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, knitting, diamond art and more. Spark your imagination and check out this fun activity!

Make Crafts. Meet Friends.

Have Fun.



TOPS WI 1593

Take Off Pounds Sensibly
Thursdays at 2:00pm-3:30pm



Are you looking for a support system to help you achieve wellness goals, including weight loss? Then TOPS WI 1593 Kenosha could be for you! For more information, stop in at one of our meetings. You can also visit www.TOPs.org

Contact: Mary Hotle at Maryehotle@gmail.com or call/ text her at 262-930-9582

Zoom Chair Yoga

Denise will be doing zoom Chair Yoga January through March on Mondays at 1pm. There will not be chair yoga at the Center, you can do it from home with Denise!

Sign Up Information:

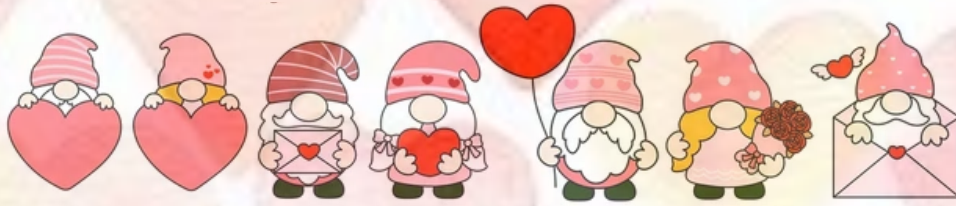
Call or stop by the Center to sign up

Cost: \$20



VALENTINE'S DANCE

Friday, February 21 at 1:30pm



Open to the senior public community

Music by:

Ernie Garner

sponsored by:

**Hospice Alliance, Right at Home,
Bruch Funeral Home, CarePatrol**

Snacks and door prizes available

Kenosha Senior Center Memberships

For anyone at least 55 years old (or the spouse of a current member, if you are under 55)

Join Today

Current Membership
2024-2025 Memberships Run From
July 1, 2024 thru June 30, 2025



Membership Form

You can pick up a form at the Senior Center or find one online at www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).



Questions? Call 262-359-6260

Chess & Checkers Group

Tuesdays 1:00pm

Looking for someone to play chess or checkers with? Here's your group!
Just drop in for a game.
It's a great way to meet new people.



Suggestion Box

The Kenosha Senior Center has a suggestion box located on the west wall of Room 111 (under the clock). Members are encouraged to share feedback and submit ideas to help make the Center a better place. All the suggestions are presented at the monthly Board Meeting held on the 2nd Tuesday of each month. If you put your name and phone number on the suggestion, someone will get back to you in response to your suggestion.
Ask any staff member for assistance.



Chorus

Thursdays at 10:30am

Join the Forever Young Chorus!

Find your inner songbird!

Bring your musical talent in unison with other singing members.

Bean Bagz Group

Wednesdays at 1pm

Join the Bean Bagz Group.

Meet new people and get active.

No experience needed.

This group meets in Room 121.



POP LOVE COOKIE LOVE

Decorate Valentine's Cookies

with Theresa from Grandma's Cottage

Friday February 14th 12-1:30pm

- ♥ 6 cookies
- ♥ Frosting
- ♥ Decorations
- ♥ Take home box

Sign up at front desk from February 1st through the 7th

Registration is required

Pay instructor at time of class

Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

Class/Activity	Days	Times	Cost
American Issues	Friday	10:00am - Noon	Free
Art Class	Wednesday	9:00am - 11:00am	\$5.00 per class Bring your own supplies
Art a la Carte!	Most 1st and 3rd Mondays	10:30am-12:30pm	Varies: based on project
Bean Bags	Wednesday	1:00pm	Free
Ballroom Dance	Wednesday	10:30am	Free
Bingo for Members	4th Tuesday (Check Calendar)	1:00pm	Free
Book Discussion	Monday	2:15pm	Free
Cardio Drumming	Friday	10:30am	Pre-register for each session
Chess & Checkers	Tuesday	1:00pm	Free
Chorus	Thursday	10:30am-Noon	\$2.00 per class
Cribbage	Friday	10:15am	Free
Dances-Monthly	3rd Friday of Month (Sept.- June)	1:30-3:30pm	Free
Dart Ball	Wednesday	1:00pm	Free
Dominos	Tuesday	1:00pm	Free
Drop In Craft	Wednesday	9:00am - 12:00pm	Free - Bring your own supplies
Drum Circle	4th Friday	1:00pm	\$3.00
Euchre	Thursday	1:00pm	Free
Exercise Class	Monday, Wednesday & Friday	9:00am - 10:00am	Free
Foot Clinic	2nd Friday every other month	9-12:30pm by appt.	\$35.00
Golf Card Game	Monday	1:00pm	Free
History Book Discussion	2nd Wednesday of month	1pm-2:30pm	Free
Junk Journal Crafting	Thursday	9-Noon	Free - Bring your own supplies
Knit & Crochet	Friday	9:00am - 11:00 am	Free - Bring your own supplies
Line Dance with Norm	Monday and Thursday	M:9:00am Th:1:30pm	\$5.00 per class
Mahjong	Tuesday and Friday	T: 1:00 pm, F: 10:15 am	Free
Movies	Occasional 2nd Fridays	1:00pm	Free
Ping Pong	Monday and Thursday	9:00am-Noon	Free
Pool (Billiards) - Open	Monday thru Friday	Closed during events	Free
Sheepshead	Tuesday and Wednesday	T:8:30am W:1:00pm	Free
Tai Chi	Tuesday	9:45am	\$3.00 per class
TOPS WI 1593	Thursday	2:00pm-3:30pm	Check with Class Instructor
Total Body Conditioning	Tuesday and Thursday	T:11:00am Th:9:00am	\$2.00 per class
Trips	One or Two a Month	See Newsletter	See Newsletter
Wii Bowling	Thursday/Monday during taxes	12:30pm - 3:00pm	\$5.00 sign up fee
Wood Burning	Monday	9:00 - 11:00 am	Free - Bring your own supplies
Wood Carving	Monday	9:00 - 11:00 am	Free - Bring your own supplies
Woodturning	Monday thru Thursday	8:30-10:30am by appt.	First lesson \$20, then \$1 per class
Writing for Fun	Tuesday	10:30 - 11:30 am	Free - Bring your own supplies
Yoga (Chair)	Monday	1:00pm	\$2.00 per class
World Dance	Tuesday	Twice a year - 10:30am	\$3.00 per class

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday (262) 359-6260</p> <p>Pool Tables Open Mon thru Fri 8:30am 3:30pm Except during movies, meetings, dances and closures.</p>				
<p>3 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30 Art a la Carte 12:30 Wii Bowling 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion</p>	<p>4 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess</p>	<p>5 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball</p>	<p>6 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p>	<p>7 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong</p>
<p>10 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30 Art a la Carte 12:30 Wii Bowling 1pm NO Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion</p>	<p>11 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1pm Board Meeting</p>	<p>12 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball 1pm History Book Discussion</p>	<p>13 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p>	<p>14 9-10am Exercise Class 9-11am Knit & Crochet 9-12 Foot Clinic 9:30am Donut Day 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 12-1:30 pm "POP UP COOKIE LOVE"</p>
<p>17 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 12:30 Wii Bowling 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion</p>	<p>18  CLOSED FOR ELECTIONS</p>	<p>19 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball</p>	<p>20 TRIP 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p>	<p>21 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 1:30pm-3:30pm Valentines Dance</p>
<p>24 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm Wii Bowl Banquet 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion 2:30 Collette Travel 2026</p>	<p>25 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1pm BINGO</p>	<p>26 8:30-10:30am Woodturning by Appt. 9am Orientation 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball</p>	<p>27 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am NO Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p>	<p>28 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong</p>


February
Word Search



E Z T B S P K R H C X H J J D B S F S E
 W T B E I L A T A M E O P T J N S R E E
 Y A A S C E M N F E B R U A R Y I I S Z
 D A C L Y N D N O I T A N R A C K E O S
 S E D P O L A S N O W G T F I G L N R J
 S O A I E C N M L H R K I W A P W D V L
 F E G I L O O O O O T R A E H I K S A M
 L I G U O O V H U R V U N T N N Z H L L
 R H R L H E H N C H S E L T S K Y I E A
 T P L E B J D C E T D W E I J X Z P N Q
 M A J I P H M V H N I R E S P L O N T U
 B A R X O L O Z B E M I N E X S C S I A
 D D R G K L A J I E F G Z Y T L S P N R
 S T D D Y Q G C I T D E R I D H U E E I
 S A B M I N T C E R N U L I E I E T Q U
 Y E O G I G Z S Q U Y K P T V Q P A P S
 S T V I G U R V P O J U S P O Z P L R H
 I H K O V A V A T F C E J T L I P S L T
 N S A K D R Q A S W V E N U E I Y H Q L
 D A R L I N G R Z X H K S V B X O L N K

- | | | | |
|--|---|------------|---|
| AQUARIUS  | DOVES | KISS | RED  |
| BALLOON | FEBRUARY | LEAPYEAR | ROMANCE  |
| BELOVED | FIREPLACE | LIPS | ROSES |
| BE MINE | FOURTEENTH | LOVE | SKIING |
| CANDLELIGHT | FRIENDSHIP | LOVEBIRDS | SNOW |
| CARNATION | GIFT | MARDI GRAS | SWEETHEART |
| CHOCOLATE | GROUNDHOG DAY | PETALS | TO MY LOVE |
| COZY | HEART | PINK | TULIPS |
| CUPID | HOLIDAY  | PISCES | VALENTINE  |
| DARLING | HUG  | POEM | WINTER  |

Sudoku Puzzle #1

Basic Directions

- ◆ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ You cannot change any of the prefilled numbers.
- ◆ The puzzle is complete when all the boxes are correctly filled in.

	5				9	1		6
			7	4				3
		3		6	1	4	8	7
	4	1	6					
6		9		7				
	3				5			
			8	9				
	7	6		1			5	

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DIFFICULTY: ★☆☆☆☆



The answer to this puzzle is on page 23

Easy Chicken Alfredo

Ingredients

- 2 boneless skinless chicken breasts
- 1/2 teaspoon salt, divided
- 1/4 teaspoon pepper, divided
- 2 teaspoons olive oil
- 8 ounces uncooked fettuccine
- 6 tablespoons butter, cubed
- 2 cups heavy whipping cream
- 3/4 cup grated Parmesan cheese, divided
- 1/2 cup grated Romano cheese
- 1/8 teaspoon ground nutmeg
- 2 large egg yolks, lightly beaten
- Minced fresh parsley, optional



Directions

1. Sprinkle chicken with 1/4 teaspoon salt and 1/8 teaspoon pepper. In a large skillet, cook chicken in oil over medium heat until a thermometer reads 165°, 8-10 minutes, turning once. Remove and let stand at least 5 minutes. Meanwhile, cook fettuccine according to package directions.
2. In the same skillet, melt butter over medium-low heat. Stir in cream, 1/2 cup Parmesan cheese, Romano cheese, nutmeg, and remaining 1/4 teaspoon salt and 1/8 teaspoon pepper. In a small bowl, whisk egg yolks; stir in a small amount of hot cream mixture into egg yolks. Return all to the pan, stirring constantly. Cook and stir over medium-low heat until sauce has thickened slightly and a thermometer reads 160°.
3. Drain fettuccine; serve with Alfredo sauce, sliced chicken and remaining 1/4 cup Parmesan cheese. Garnish with minced fresh parsley.

Strawberry Milkshake Cookies

Ingredients

- 1 Box Strawberry Cake Mix
- 2 eggs
- 1/3 cup vegetable oil
- 1/2 tsp vanilla extract
- 1 tsp baking powder
- 1 tsp corn starch
- 1 cup white chocolate chips more or less to taste



Directions

Preheat oven to 350 F

1. Mix eggs, vanilla and oil in a small bowl and set aside
2. In a large bowl, combine cake mix, corn starch and baking powder
3. Pour egg mixture into cake mixture and combine until there are no cake mix lumps present. Dough will begin to thicken quickly
4. Add in chocolate chips
5. Line a baking sheet with parchment paper and spray lightly with non-stick cooking spray
Bake for 10 minutes Remove from oven and transfer to a wire rack to finish cooling

WE'RE LOOKING FOR THE BEST CHILI AROUND!

A N N U A L

CHILI

Cook Off

Compete in our Chili Cook Off!

Traditional, chicken, white, green, beef, vegetarian or spicy... we welcome all chilis! Bring 3 gallons of your best chili in a slow cooker or Nesco to keep warm and a serving ladle. Toppings bar will be available. Sign up today!

TIMELINE

NOW – March 1: Register for FREE!

March 22: Chili Cook Off

10 – 10:30 am: Set Up Your Chili

11 am – 2 pm: Public Tasting and Voting

2 pm: Awards Ceremony

Register at stcatschilicookoff.com

Questions? Contact 262-653-1234

WINNER
RECEIVES



Feature in
Kenosha News



Best Chili Trophy



Bragging Rights
for the Year!



3508 7TH AVENUE, KENOSHA, WI 53140

ST. CATHERINE COMMONS

a capri community

Sudoku Puzzle #2

Basic Directions

- ◆ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ You cannot change any of the prefilled numbers.
- ◆ The puzzle is complete when all the boxes are correctly filled in.

6				3	1	4		
	3							8
7	2		4					
2		7						
	1	5						7
					2			1
		2	8		3		7	
							4	5
1	6	3						2

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DIFFICULTY: ★★☆☆



The answer to this puzzle is on page 23

Art a la Carte! February - April Schedule

classes are usually held on the 1st & 3rd MONDAYS of the month and will last from 1 1/2 – 2 hours
 Register at the desk... Pay instructor directly at time of class.

Payment at 10:15am, Class begins at 10:30am

FEBRUARY 3 & 10

FEBRUARY: Pottery 2-week pottery class

Class Limit 10 – (class fee \$15.00) Additional fee for clock parts: \$7.00

Feb. 3 – MAKING UNIQUE CLOCKS

Feb. 10 – Decorating & Embellishing



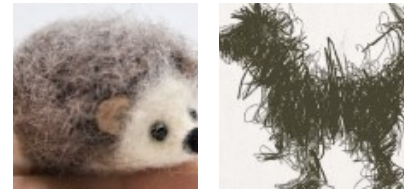
MARCH 3

MARCH:

Separate classes – Class Limit 15

March 3 – NEEDLE FELTING (class fee \$7.00)

March 17 – LET'S START DRAWING (class fee \$7.00)



MARCH 17

APRIL: Pottery

2-week pottery class Class Limit 10 – (class fee \$15.00) Additional fee for clock parts: \$7.00

April 7 – MAKING STYLISH VASES

April 21 – Decorating & Embellishing



Kenosha Senior Center Orientation
 Wednesday, February 26, 2025 at 9:00am



Learn more about the Senior Center

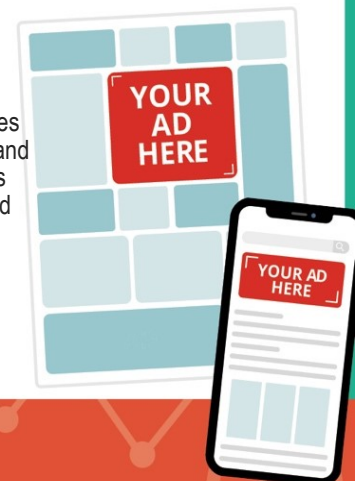
- Take a tour
- Learn how to use the Kiosk to sign in.
- Find out where to park and where not to park.
- Find out how day trips work: What are these year trips? When are they sold? How much do they cost? How to sign up.
- Where to sign up for special events
- Understand the calendar and listings
- Get all your questions answered!

**Call the Senior Center at
 262-359-6260 to sign up today**

AVAILABLE NOW!
PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant community!

Ruth Schlitz from LPi, will be securing new ads for our Center. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on My-CommunityOnline.com.



Kenosha Senior Center

Get Active

GROUP FITNESS CLASSES

Stay Healthy

Call the Senior Center with Questions 262-359-6260

Total Body Conditioning *with Theresa*

Tuesday at 11am & Thursday at 9am
Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise* ZOOM

Monday at 1pm (Jan 20 - April 7)
Fee: \$20.00 for Zoom Session

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica & Jordan*

Monday, Wednesday and Friday at 9am
Fee: Free

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am
Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Fridays at 10:30am
Fee: \$20.00 per session
Current Session: Classes will resume in April

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Drop-Ins welcome to come try it out!





Free Tax Aid AARP

Thursdays, February 6 thru April 3, 2025
9:00 am - 2:30 pm by appointment

Tax-Aide is a free program sponsored by the IRS & AARP that provides income tax counseling, primarily to persons with low or moderate income, who are age 60 and over. The Kenosha Senior Center is one of the locations where their volunteers help people.

How to Sign Up for a Tax Appointment

There are Two Options:

- **Call (262) 671-8461** to set up your appointment starting Wednesday, Jan. 22. The phone line is open from 8:30am until 3:30pm Mon. thru Fri. You will get an answering machine. Leave a message and someone will return your call to make your appointment. **Important Note: It is a Google Voice Call so it may show up as suspected spam when your call is returned.**
- Make your appointment **online**. Go to: www.aarp.org/money/taxes/aarp_taxaide.html

Clients need to bring the following documents to their tax appointment:

- Government issued photo ID
- Social Security Card or ITIN card
- Identity Protection Pin number if issued
- Previous years tax return
- W2's
- 1099 forms (1099-R, 1099-B, 1099-D, 1099-INT)
- SSA-1099
- Amount of medical, vision and dental premiums paid
- Check or Savings routing and account number if direct deposit or debit is desired

Any further questions regarding taxes or appointments, please call 262-671-8461

collette Travel Show

Monday, February 24, 2025 At 2:30pm

Stop in to learn how you can be part of these two exciting opportunities

Featured Trips

Reflections of Italy

March 18-27, 2026

Rome, Florence, Venice & Lake Como

Embark on a captivating journey that takes you from the piazzas of Rome to the canals of Venice. Discover the rolling hills of the scenic Tuscan, explore medieval hill towns and visit Assisi, the birthplace of St. Francis. Encounter a land rich in history, culture, art and romance.

Discover America's 250th Anniversary

October 4-12, 2026

Trace the story of the nation's rise through Boston, New York, Philadelphia, and Washington, D.C. Begin in Boston where the American revolution took place. As your journey continues, you will be immersed in the history of a country founded on the ideals of "Life, Liberty and the pursuit of Happiness".

RSVP to the Senior Center at 262-359-6260

Inclement Weather Closing

When the Kenosha Unified School District closes all schools due to inclement weather,

The Kenosha Senior Center will also be closed and no lunches will be served.

Kenosha public schools and the Kenosha Senior Center can be closed due to severe cold, snow or ice. The Superintendent of Schools makes the final decision regarding closures.

Listen to local area news or visit the Kenosha Unified Schools website at www.kusd.edu for school closing announcements.

Remember, during severe weather it is best to stay home and off of roads.

Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topic **Membership Card**

****Make one of your New Year's Resolutions to scan your Membership Card every time you come to the Center!**

Scanning your card each time helps us in many ways:

1. Security: we know who is here in the building
2. Which classes/events are attended and most popular
3. We can send out a broadcast (call or email) to attendees
4. Quick access to statistics for grants the Center might apply for.

*If you are uncertain how to sign in with your card, please see someone at the front desk. You are able to sign in for multiple classes/events if you are here for more than one. Only one sign in a day is needed. If you don't have your card, you can sign in with your name and phone number.

Thank you!!!

Senior Athletic Passes

These passes are good for entrance into Kenosha middle and high school **home** athletic events for this school year. Members of the Kenosha Senior Center may receive one FREE pass each year. Non-members may purchase a pass for \$5.00 each.



Support Our Student Athletes!

Passes available at the Kenosha Senior Center

Featured Advertisers

Saxony Manor Apartments

A Mercy Housing Senior Community
Rent Based on 30% of Income
1850 22nd Ave. Kenosha
262-551-9005 (TTY: 711)

Dickow Cyzak Tile Co.

Bath & Flooring Showroom since 1968
Bath Remodeling, Walk-In Showers, Grab Bars
(262) 694-9777 - Hwy 31 & Hwy 50

Carpets Plus Outlet

"We Love Flooring!"
Matt Fuhr, Owner
1241 22nd Ave., Kenosha
262-883-9494



Monthly Funnies



What month is best for coffee?
Feb-BREW-ary

Who always has a date on Valentine's Day?
A calendar

What did the love-obsessed candle say when it was lit?
I found the perfect match!

Why did the magnet hit on the refrigerator?
He found her to be very attractive

What did one piece of toast say to the other?
You're my butter half!

What's the most romantic ship?
Courtship

In Memoriam



Our deepest sympathy is extended to family & friends of

Ron Christensen, Jim LaLonde, Gerald Packman & Janice Whitten

and all who have recently suffered a loss.

Our hearts, thoughts & prayers are with you.

Kenosha Senior Center Newsletter:
February 2025 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

E Z T B S P K R H C X H J J D B S F S E
W T B E I L A T A M E O P T J N S R E E
Y A A S C E M N F E B R U A R Y I I S Z
D A C L Y N D N O I T A N R A C K E O S
S E D P O L A S N O W G T F I G L N R J
S O A I E C N M L H R K I W A P W D V L
F E G I L O O O O O T R A E H I K S A M
L I G U O Q V H U R V U N T N N Z H L L
R H R L H E H N C H S E L T S K Y I E A
T P L E B J D C E T D W E I J X Z P N Q
M A J I R H M V H N I R E S P L O N T U
B A R X O L O Z B E M I N E X S C S I A
D D R G K L A J I E F G Z Y T L S P N R
S T D D Y Q G C I T D E R I D H U E E I
S A B M I N T C E R N U L I E I E T Q U
Y E O G I G Z S Q U Y K P T V Q P A P S
S T V I G U R V P O J U S P O Z P L R H
I H K Q V A V A T F C E J T L I P S L T
N S A K D R Q A S W V E N U E I Y H Q L
D A R L I N G R Z X H K S V B X O L N K

Answer to Sudoku Puzzle #1 on page 13

7	5	4	3	8	9	1	2	6
1	6	8	7	4	2	5	9	3
2	9	3	5	6	1	4	8	7
5	4	1	6	3	8	2	7	9
6	2	9	1	7	4	8	3	5
8	3	7	9	2	5	6	1	4
3	1	5	8	9	6	7	4	2
9	8	2	4	5	7	3	6	1
4	7	6	2	1	3	9	5	8

Answer to Sudoku Puzzle #2 on page 17

6	5	8	7	3	1	4	2	9
9	3	4	6	2	5	7	1	8
7	2	1	4	8	9	5	6	3
2	9	7	1	5	8	6	3	4
3	1	5	9	6	4	2	8	7
4	8	6	3	7	2	9	5	1
5	4	2	8	9	3	1	7	6
8	7	9	2	1	6	3	4	5
1	6	3	5	4	7	8	9	2





K E N O S H A

Senior Center

Welcome to a brighter day!

2717 67th Street Kenosha, WI 53143

Non-Profit Org.
U.S.
POSTAGE
PAID
Kenosha, WI
Permit No. 515

Current Resident or



2025
February