



K E N O S H A

Senior Center

Welcome to a brighter day!

2717 67th Street Kenosha, WI 53143 262-359-6260

Vol. 30, No. 3

March 2025

NEWSLETTER

Senior Center Hours:

Monday-Friday 8:30am-3:45pm

Visit us at:

www.kusd.edu/seniorcenter

Facebook:

www.facebook.com/kenoshasenior

Program Director:

Annette Ruffalo
aeruffal@kusd.edu

Administrative Assistant:

Kandy Stull
kstull@kusd.edu

Senior Dining:

KAFASI 262-351-6246

BOARD OF DIRECTORS

| | |
|-------------------------|----------------|
| President: | Kathy Flammang |
| Vice President: | Ron Mengel |
| Secretary: | Carol Kessler |
| Asst. Secretary: | Sue Moe |
| Treasurer: | Bryan Mogensen |

BOARD MEMBERS

| | |
|-----------------|--------------------|
| Jim Bellantonio | Phyllis Mattox |
| Eloda Birch | Dewey Sammons |
| MaryAnn Bourget | Carol Sieber |
| Joan Hall | Cheryl Millholland |
| Barbara Johnson | Barb Van Dyke |

Dear Members,

We are entering the third month of the year 2025. March signals the arrival of Spring, along with the observance of Daylight Saving Time, St. Patrick's Day, Mardi Gras, International Women's Day, and numerous other occasions worthy of celebration.

March is also a time for indulging in comforting dishes. Traditional Irish fare such as corned beef and cabbage, accompanied by soda bread, is popular, alongside the harvesting of maple sugar for delightful pancake recipes.

March is associated with the Celtic symbol of the four-leaf clover, which is believed to present good fortune, faith, hope, and love upon those who recognize its rare nature.

This March, I extend these Irish Blessings;

“May the road rise up to meet you,
May the wind be always at your back, and
May the sun shine warm upon your face!”

Annette

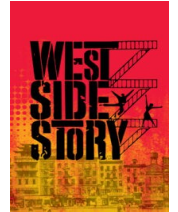




BUS TRIPS

West Side Story

Check for availability



Date: Thursday, March 27, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

Trip Description: From the first notes to the final breath, *WEST SIDE STORY* is a theatrical event not to be missed. Shakespeare's *Romeo and Juliet* is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time. Broadway legends Arthur Laurents, Leonard Bernstein, Stephen Sondheim, and Jerome Robbins created a show that is both ageless and as fresh as tomorrow's headlines. Join us for this landmark musical and epic tale of love eternal love.

Menu: Meal Choices: **Sliced Pork Tenderloin, Coconut Chicken, or Seared Halibut** with **Cherry Crisp** dessert.

On the day of the trip arrive at the **Southwest** side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

American Place Casino

New Trip



Date: Tuesday, April 29, 2025
Destination: 4011 Fountain Square Casino Place
Prices: Members: \$20, Non-members: \$25

Tickets go on sale to members on Tuesday, March 11, 2025. Numbers will be handed out at 8:30am, sign up begins at 8:40am. You are allowed to sign up yourself and only one other **member**, membership cards must be present.

Trip Description: Enjoy your favorite penny slots to progressive slots, video poker and classic reel machines or step up to the hottest table for Blackjack, Craps, Roulette, Baccarat, Three Card Poker, Mississippi Stud, High Card Flush and Ultimate Texas Hold'em.

Note: Must bring valid I.D. Jackpots over \$1200 requires a social security card.

Group Benefits: attendees will receive \$10 free play when signed up for a Legacy Card and an additional \$10 for being a new AP rewards member. 20% dining discount (excluding comps and alcohol).

Senior Spin and Win– 4 names ever hour to win up to \$1000 slot play or a night stay at hotel when using your legacy card.

On the day of the trip arrive at the **Southwest** side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:45 am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 9:00am and return at approximately 4:30 pm.

Spring Swing Luncheon & Wurlitzer Concert

Date: Thursday, May 6, 2025
Destination: Sanfilippo Estate, Barrington Hills, IL
Prices: Members: \$120.00, Non-members: \$125.00

New Trip

Tickets go on sale to members on Tuesday, March 18, 2025. Numbers will be handed out at 8:30am, sign up begins at 8:40am. You are allowed to sign up yourself and only one other **member**, membership cards must be present.

Trip Description: The event will commence with an elegant luncheon featuring wine, held at the Sanfilippo Carousel Pavilion. Following the meal, there will be demonstrations of dance, a band, and fairground organs, a big band must. Guests will have the opportunity to explore the pavilion's collections, including the chance to board the train cars. There will be a demonstration of the 1890 Eden Palais Carousel. At 2pm guest will head over to the Sanfilippo Residence to the theater for a 80 minute live Theater Organ Concert with Organist Zach Frame on the 7,000+ Wurlitzer Organ, playing Big Band favorites, swing and music from the great American Songbook. Following the concerts, guest will be allowed to roam the Residence for 45 minutes and view its collections of automatic music instruments, demonstrations by the Docents.



Guests are encouraged to dress in their best Spring outfits and striking hats.

Meal: Spring Salad, Chicken Entre, potato, vegetable, bread rolls, cheesecake dessert, ice tea, coffee, water and red & white wines.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 10:15am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 10:30am and return at approximately 6:00 pm.

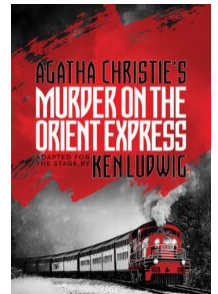
Murder on the Orient Express

Date: Thursday, May 29, 2025
Destination: Fireside Theatre, Fort Atkinson, WI
Prices: Members: \$110.00, Non-members: \$115.00

New Trip

Tickets go on sale to members on Tuesday, March 25, 2025. Numbers will be handed out at 8:30am, sign up begins at 8:40am. You are allowed to sign up yourself and only one other **member**, membership cards must be present.

Trip Description: Just after midnight, a snowdrift stops the Orient Express in its tracks. The luxurious train is surprisingly full for the time of the year, but by the morning it is one passenger fewer. An American tycoon lies dead in his compartment, stabbed eight times, his door locked from the inside. Isolated and with a killer in their midst, the passengers rely on detective Hercule Poirot to identify the murderer – in case he or she decides to strike again. Join us for this theatrical thriller from the Queen of Crime with both intellectual and comedic twists and turns, masterfully adapted for the stage by Ken Ludwig.



Meal Choices: Chicken & Ribs: slowly roasted lean pork back ribs glazed with barbecue sauce and buttermilk marinated southern fried baked chicken breast. **Grilled Mahi-Mahi:** marinated in fresh herbs and citrus juices, grilled to perfection and served with a sweet mango sauce. **Short Ribs:** Pan seared Beef Short Rib, slow cooked with Olives, Capers, Tomato, and Basil served with a pan sauce. **French Silk Pie** will be served as dessert. Complimentary coffee, tea and milk. Cash bar for cocktails and soft drinks.

Please let us know when you purchase ticket if you will need a gluten-free or vegetarian option.

On the day of the trip arrive at the Southwest side of the Indian Trail parking lot, 6800 - 60th Street in Kenosha, by 8:30am to sign in and load the bus. Use the 60th Street entrance. The bus will depart at 8:45am am and return at approximately 6:00 pm.

2025 Special Events and Trips

ALL EVENTS & TRIPS ARE SUBJECT TO CHANGE!

| | | |
|-------------------------|------------------------|-----------------------|
| Friday, Mar 21 | St. Patrick's Dance | KSC |
| Thursday, Mar 27 | West Side Story | Fireside Theatre |
| Tuesday, April 29 | Casino Trip | American Place |
| Friday, April 25 | Dance | KSC |
| Tuesday, May 6 | Spring Swing & Concert | Sanfilippo Estates |
| Friday, May 16 | Dance | Kenosha |
| Thursday, May 29 | Murder Orient Express | Fireside Theatre |
| Thursday, June 19 | Kingfish Game | Kenosha |
| Friday, June 20 | Dance | KSC |
| Thursday, June 26 | Last Potluck Supper | Fireside Theatre |
| Wednesday, July 30 | Brewers vs. Cubs | American Family Field |
| Thursday, August 7 | Picnic | KSC |
| Summer 2025 (tentative) | Boat trip/outing | TBD |
| Friday, Sept 19 | Dance | KSC |
| Thursday, October 23 | Oklahoma | Fireside Theatre |
| Friday, October 31 | Halloween Dance | KSC |
| Saturday, Nov. 8 | Holiday Craft Fair | KSC |
| Friday, Nov. 21 | Dance | KSC |
| Thursday, Dec. 4 | Holiday Shopping Trip | Woodfield Mall |
| Friday, Dec. 5 | Deck the Halls party | KSC |
| Friday, Dec. 12 | Christmas Party | TBD |
| Thursday, Dec. 18 | A Wonderful Life | Fireside Theatre |
| Friday, Dec. 19 | Holiday Dance | KSC |

Kenosha Senior Center Trip Policy: We understand that plans can change and you may not be able to attend a trip for which you have purchased a ticket. We cannot issue refunds unless there is a waiting list and we are able to replace you with someone on that list. If you cannot attend a trip call us at 359-6260 and speak with a staff person. We will instruct you what to do, and we will do our best to find a replacement for you. If we are successful, you will be notified to come and pick up your refund.

Senior Dining

Fellowship, Food and Fun

Sit Down Meals Served at 11:30am
Suggested Donation is \$5.00



Meals include dessert and beverage

Open to anyone 60+ and their spouse, regardless of age

Menus available at the Senior Center or on-line at kafasi.org/nutrition.html

Great way to meet new friends

Reservations required by 10:00am the prior day: 262-351-6246

In-Person Senior Dining ... More than just a meal

Free Hearing Clinic

Friday March 28th 10:15am

Sign up at the front desk or call 262.359.6260

Have you thought about getting a hearing test? Come in for a screening and discuss your needs with a qualified team of professionals providing solutions including hearing aids for people who want to enhance their hearing health.



FREE BINGO



Tuesday, March 25, 2025 at 1pm
For Senior Center Members

- **Register:** host desk or call 262-359-6260. by Noon on the Thursday before BINGO
- **Supplies:** Cards and markers are provided to play.

Sponsored by:



Reviewing Medicare 101

- ◆ What's new and changes for 2025
- ◆ When can I change my Coverage
- ◆ What's Medicare Advantage
- ◆ What Parts (A, B, C, D) do I need to enroll in
- ◆ Prescription Drug Coverage

30 minute Informational Meeting
Tuesday March 25 12:15pm
Elizabeth Goldberg

Sign up at the front desk

Classes & Center Updates

- Center closed April 1st for elections
- Birthday list will not be included in the newsletters for the year 2025
- Sometimes newsletters are delayed through your mail, please be patient and give it a week to get to you



FREE

Coffee and Donuts
9:30am-10:30am

Wednesday, March 5, 2025

Sponsored by : [Waters Edge Health & Rehab](#)
& [Sheridan Health & Rehab](#)

Wednesday, March 12, 2025

Sponsored by : [St. Catherine Commons](#)

Wednesday, March 19, 2025

Sponsored by : [Fountain Hill Senior Apt.](#)

Wednesday, March 26, 2025

Sponsored by : [CAREPatrol](#)

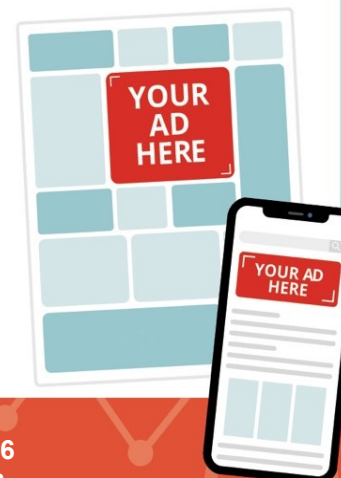
AVAILABLE NOW! PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant community!

Ruth Schlitz

will be securing new ads for our Center.

As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on MyCommunttyOnline.com.



Ruth Schlitz
Cell | 715 581 9746
rschlitz@4lpi.com

ST. PADDY'S DANCE

Friday, March 21 at 1:30pm



Open to the senior public community

Music by:

Ernie Garner

sponsored by:

**Hospice Alliance, Right at Home,
Bruch Funeral Home, CAREPatrol**

Snacks and door prizes available

Kenosha Senior Center Memberships

Join Today

Current Membership
2024-2025 Memberships Run From
July 1, 2024 thru June 30, 2025



Membership Form

You can pick up a form at the Senior Center or find one online at www.kusd.edu/seniorcenter

Membership Card

Renewing Members: You already have your white *Forever Card*
No return envelope is needed.

New Members: A card will be given to you when you turn in your registration form

Membership Payment

Fee: \$12.00 per year for those in the KUSD boundaries, \$50 if you live outside the boundaries and \$12 if you moved outside the KUSD boundaries and have a current membership (grandfathered in at the \$12 rate).

Questions? Call 262-359-6260

Find the NEW LOGO Contest

We've hidden our logo in this newsletter!
It's a **smaller** version of the one here.

To win: Call the Center at 262-359-6260 or email kstull@kUSD.edu with your information by the 20th of the Month:

1. Member's Name
2. Phone Number
3. Page # you found the logo on



You **must** include all of this information to be included in the drawing and be an active member.

January Winners:

Mary Ann Bourget, Deidre Daly, Sylvia Canada

History Book Discussion Group

Every 2nd Wednesday, 1pm-2:30pm

If you love reading and history, this is a great group for you! Stop by and listen in. No fee. No registration. Just reading great books and having lively discussions.

Each person will choose a factual history book and read it then bring their book to the meeting and give a brief summary.

Everyone will have a chance to summarize their book and there will be time for discussion at the end.



Chorus

Thursdays at 10:30am

Join the Forever Young Chorus!

Find your inner songbird!

Bring your musical talent in unison with other singing members.

Ballroom Dancing

Wednesdays at 10:30am

Singles, couples, beginners, intermediate or advanced dancers are welcome to dance and socialize with others that love to move their feet. There is no fee.



Drop In Craft Day

Wednesdays 9am-Noon

This group meets Wednesday mornings to socialize and make crafts. The activity is FREE. There is no lesson. Bring your own project to work on or stop in and be inspired by other crafters. Some projects the crafters are working on include wood burning, card making, barn quilts, knitting, diamond art and more. Spark your imagination and check out this fun activity!

Make Crafts. Meet Friends.

Have Fun.



Suggestion Box



The Kenosha Senior Center has a suggestion box located on the west wall of Room 111 (under the clock). Members are encouraged to share feedback and submit ideas to help make the Center a better place. All the suggestions are presented at the monthly Board Meeting held on the 2nd Tuesday of each month. If you put your name and phone number on the suggestion, someone will get back to you in response to your suggestion.

Ask any staff member for assistance.

Zoom Chair Yoga

Denise will be doing zoom Chair Yoga January through April 7 on Mondays at 1pm. There will not be chair yoga at the Center, you can do it from home with Denise!

Sign Up Information:

Call or stop by the Center to get information on how to sign up

Cost: \$20



Kenosha Senior Center Class & Activity List

Classes, activities and fees are subject to change. Call 262-359-6260 to confirm an activity

| Class/Activity | Days | Times | Cost |
|-------------------------|-----------------------------------|-------------------------|---|
| American Issues | Friday | 10:00am - Noon | Free |
| Art Class | Wednesday | 9:00am - 11:00am | \$5.00 per class Bring your own supplies |
| Art a la Carte! | Most 1st and 3rd Mondays | 10:30am-12:30pm | Varies: based on project |
| Bean Bags | Wednesday | 1:00pm | Free |
| Ballroom Dance | Wednesday | 10:30am | Free |
| Bingo for Members | 4th Tuesday (Check Calendar) | 1:00pm | Free |
| Book Discussion | Monday | 2:15pm | Free |
| Cardio Drumming | Friday | 10:30am | Pre-register for each session |
| Chess & Checkers | Tuesday | 1:00pm | Free |
| Chorus | Thursday | 10:30am-Noon | \$2.00 per class |
| Cribbage | Friday | 10:15am | Free |
| Dances-Monthly | 3rd Friday of Month (Sept.- June) | 1:30-3:30pm | Free |
| Dart Ball | Wednesday | 1:00pm | Free |
| Dominos | Tuesday | 1:00pm | Free |
| Drop In Craft | Wednesday | 9:00am - 12:00pm | Free - Bring your own supplies |
| Drum Circle | 4th Friday | 1:00pm | \$3.00 |
| Euchre | Thursday | 1:00pm | Free |
| Exercise Class | Monday, Wednesday & Friday | 9:00am - 10:00am | Free |
| Foot Clinic | 2nd Friday every other month | 9-12:30pm by appt. | \$35.00 |
| Golf Card Game | Monday | 1:00pm | Free |
| History Book Discussion | 2nd Wednesday of month | 1pm-2:30pm | Free |
| Junk Journal Crafting | Thursday | 9-Noon | Free - Bring your own supplies |
| Knit & Crochet | Friday | 9:00am - 11:00 am | Free - Bring your own supplies |
| Line Dance with Norm | Monday and Thursday | M:9:00am Th:1:30pm | \$5.00 per class |
| Mahjong | Tuesday and Friday | T: 1:00 pm, F: 10:15 am | Free |
| Movies | Occasional 2nd Fridays | 1:00pm | Free |
| Ping Pong | Monday and Thursday | 9:00am-Noon | Free |
| Pool (Billiards) - Open | Monday thru Friday | Closed during events | Free |
| Sheepshead | Tuesday and Wednesday | T:8:30am W:1:00pm | Free |
| Tai Chi | Tuesday | 9:45am | \$3.00 per class |
| TOPS WI 1593 | Thursday | 2:00pm-3:30pm | Check with Class Instructor |
| Total Body Conditioning | Tuesday and Thursday | T:11:00am Th:9:00am | \$2.00 per class |
| Trips | One or Two a Month | See Newsletter | See Newsletter |
| Wii Bowling | Thursday/Monday during taxes | 12:30pm - 3:00pm | \$5.00 sign up fee |
| Wood Burning | Monday | 9:00 - 11:00 am | Free - Bring your own supplies |
| Wood Carving | Monday | 9:00 - 11:00 am | Free - Bring your own supplies |
| Woodturning | Monday thru Thursday | 8:30-10:30am by appt. | First lesson \$20, then \$1 per class |
| Writing for Fun | Tuesday | 10:30 - 11:30 am | Free - Bring your own supplies |
| Yoga (Chair) | Monday | 1:00pm | \$2.00 per class |
| World Dance | Tuesday | Twice a year - 10:30am | \$3.00 per class |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| <p>Senior Center Hours: Monday-Friday 8:30am-3:45pm Closed Saturday & Sunday (262) 359-6260</p> <p>Pool Tables Open Mon thru Fri 8:30am 3:30pm Except during movies, meetings, dances and closures.</p> | | | | |
| <p>3 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30 Art a la Carte 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion</p> | <p>4 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess</p> | <p>5 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball</p> | <p>6 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p> | <p>7 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong</p> |
| <p>10 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm NO Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion</p> | <p>11 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 1pm Board Meeting</p> | <p>12 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball 1pm History Book Discussion</p> | <p>13 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p> | <p>14 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong</p> |
| <p>17 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 10:30 Art a la Carte 1pm Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion 2pm Wii Sign Up</p> | <p>18 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess Mini Health Fair 10am</p> | <p>19 8:30-10:30am Woodturning by Appt. 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball</p> | <p>20 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-10am Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p> | <p>21 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong 1:30pm-3:30pm St. Paddy's Day Dance</p> |
| <p>24 8:30-10:30am Woodturning by Appt. 9-10am Exercise Class 9-Noon Ping Pong 9-11am Woodcarving 9-11am Wood Burning 9-10:30am Line Dance 1pm NO Zoom Chair Yoga 1pm Golf Card Game 2:15pm Book Discussion</p> | <p>25 Trip Sign Up 8:30-10:30am Woodturning by Appt. 8:30-11 Sheepshead 9:30 Mahjong Lesson 9:45am Tai Chi 10:30am Writing for Fun 11-12pm Strength Training 1pm Dominos, Mahjong, Checkers & Chess 12:15 pm Medicare 1pm BINGO</p> | <p>26 8:30-10:30am Woodturning by Appt. 9am Orientation 9-11am Art Class 9-12pm Drop In Craft 9:30am Donut Day 9-10am Exercise Class 10:30am Ballroom Dance 1pm Sheepshead 1pm Bean Bags & Dart Ball</p> | <p>27 TRIP 8:30-10:30am Woodturning by Appt. 9-10am Strength Training 9-Noon Ping Pong 9-12 Junk Journal Craft 10:30am Chorus 1pm Euchre 1:30-3pm Line Dance 2:00pm TOPS Group</p> | <p>28 9-10am Exercise Class 9-11am Knit & Crochet 10am Am. Issues 10:15am Cribbage 10:15am Mahjong Hearing Life: Hearing Screens 10:15am</p> |



March

Word Search



X D B C Q W O F P S Q U O C L I M N R M
 S O O Z X I A E O P D Y M G E G X N A L
 G E N N C N L I T R A D N B Z L B D R L
 R H I I K D U H O I F Y V K R R N U T A
 E D S R U Y C C F N F N Q W B E O A D B
 E S M I A Q K S G G O O S M S F L A O T
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 Y Z B O M I M M L F I L O A Q L M E A K
 A J V L B J S O D E L M N L I L N I Y S
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 Z H S G S H O W E R S R J O J Q U J I P
 S K A E R B G N I R P S T U L I P S I J

ARIES
 BASKETBALL
 BIRDS
 BLOSSOM
 COLLEGE
 DAFFODIL
 DAYLIGHT SAVINGS
 EASTER
 EQUINOX
 FAT TUESDAY

FINAL FOUR
 FLOWER
 GRASS
 GREEN
 GROWING
 IDES OF MARCH
 IRISH
 KITE
 LAMB
 LEPRECHAUN

LIMERICK
 LUCK
 MADNESS
 MARDI GRAS
 MASKS
 MISCHIEF
 PARADE
 PIDAY
 POT OF GOLD
 RAIN

RAINBOW
 SHAMROCK
 SHOWERS
 SPRING
 SPRING BREAK
 SUN
 TOURNAMENT
 TULIPS
 UMBRELLA
 WINDY

Sudoku Puzzle #1

Basic Directions

- ◆ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ You cannot change any of the prefilled numbers.
- ◆ The puzzle is complete when all the boxes are correctly filled in.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 9 | | | 7 |
| | | 6 | 7 | | | 9 | 8 | |
| | | | | | 4 | | | 6 |
| | 7 | | | | | | | 3 |
| 2 | | 1 | | 7 | | 8 | 4 | |
| 4 | | | 2 | | | 1 | | |
| 7 | | 8 | | 4 | 3 | | | |
| 1 | | | | | | | 3 | |
| | 9 | | | | | | | 8 |

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DIFFICULTY: ★★☆☆



The answer to this puzzle is on page 23

Blueberry French Toast

Ingredients

FRENCH TOAST CASEROLE

- 12 slices day-old bread, cut into 1 inch cubes
- 2 (8 ounce) packages cream cheese, cut into 1 inch cubes
- 1 cup fresh blueberries
- 12 large eggs, beate
- 2 cups milk
- 1 teaspoon vanilla extrac
- 1/3 cup maple syrup

Directions

1. Prepare casserole: Lightly grease a 9x13-inch baking dish. Arrange 1/2 of the bread cubes in the dish and top with cream cheese cubes. Sprinkle blueberries over the cream cheese, then top with remaining bread cubes.
2. Whisk eggs, milk, vanilla extract, and syrup together in a large bowl until well-combined; pour over the bread cubes. Cover and refrigerate overnight.
3. Remove casserole from the refrigerator about 30 minutes before baking. Preheat the oven to 350 degrees F (175 degrees C).
4. Bake casserole in the preheated oven, covered, for 30 minutes. Uncover, and continue baking until center is firm and surface is lightly browned, about 25 to 30 minutes.
5. Meanwhile, prepare blueberry sauce: Mix sugar, water, and cornstarch together in a medium saucepan; bring to a boil and cook, stirring constantly, 3 to 4 minutes. Stir in blueberries, reduce heat to low, and simmer until all the blueberries burst, about 10 minutes. Stir in butter.
6. Serve portions of casserole on plates and pour warm syrup over top.

BLUEBERRY SAUCE

- 1 cup white sugar
- 1 cup water
- 2 tablespoons cornstarch
- 1 cup fresh blueberries
- 1 tablespoon butter



Guinness Beer Cheese Dip

Ingredients

- 32 ounces processed cheese food (such as Velveeta), cut into 1/2 inch cubes
- 1 cup Irish stout beer (such as Guinness)
- 1/2 cup salsa
- 2 tablespoons Worcestershire sauce
- 1 teaspoon chili powder
- 1/2 teaspoon onion powder
- 1/4 teaspoon cayenne pepper (Optional)

1. Heat cheese in slow cooker on High until melted, about 20 minutes.
2. Stir beer, salsa, Worcestershire sauce, chili powder, onion powder, and cayenne pepper into cheese until smooth and heated through, stirring frequently, about 10 minutes. Enjoy with pretzels or your favorite dipping food!



Shamrock Lucky Charms Treats

Ingredients

- 3 tablespoons salted butter
- 1 (10 ounce) package marshmallows
- 3 drops green food coloring, or as needed
- 6 cups frosted toasted oat cereal with marshmallows (such as Lucky Charms®)

Directions

1. Line a 9x13-inch pan with parchment paper and coat with nonstick cooking spray.
2. Melt butter in a large saucepan over low heat. Add marshmallows and stir until completely melted. Remove from heat and mix in a few drops of green food coloring (to your desired color).
3. Place the cereal in a large bowl. Add marshmallow mixture and stir until the cereal is well coated.
4. Evenly and gently press the cereal mixture into the prepared pan with a greased spatula. Set aside to cool.
5. Once cooled, remove the treats (with the parchment paper) from the pan and place on top of a cutting board. Cut the cereal treats into shamrock shapes using a shamrock cookie cutter.





A N N U A L

CHILI

Cook Off

CHILI • RAFFLE • FUN

March 22 | 11 am - 2 pm

3508 7TH AVENUE, KENOSHA, WI 53140

You Be the Judge!

Enjoy a tasty selection of chili and vote for your favorite to take home the trophy.



All proceeds benefit the Kenosha Senior Center

Interested in competing?
Visit stcatschilicookoff.com

ST. CATHERINE
COMMONS

a {capri} community

Sudoku Puzzle #2

Basic Directions

- ◆ Each column must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each row must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ Each block in the grid must contain all of the numbers 1 through 9, without repeating any of the numbers.
- ◆ You cannot change any of the prefilled numbers.
- ◆ The puzzle is complete when all the boxes are correctly filled in.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 5 | | | | 9 | 1 | | 6 |
| | | | 7 | 4 | | | | 3 |
| | | 3 | | 6 | 1 | 4 | 8 | 7 |
| | 4 | 1 | 6 | | | | | |
| 6 | | 9 | | 7 | | | | |
| | 3 | | | | 5 | | | |
| | | | 8 | 9 | | | | |
| | | | | | | | | |
| | 7 | 6 | | 1 | | | 5 | |

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DIFFICULTY: ★☆☆☆☆



The answer to this puzzle is on page 23

Art a la Carte! March - April Schedule

classes are usually held on the 1st & 3rd MONDAYS of the month and will last from 1 1/2 – 2 hours
Register at the desk... Pay instructor directly at time of class.

Payment at 10:15am, Class begins at 10:30am

MARCH 3

MARCH:

Separate classes – Class Limit 15

March 3 – **NEEDLE FELTING** (class fee \$7.00)

March 17 – **LET'S START DRAWING** (class fee \$7.00)



MARCH 17

APRIL: Pottery

2-week pottery class — Class Limit 10 – (class fee \$15.00)

April 7 – **MAKING STYLISH VASES**

April 21 – **Decorating & Embellishing**



Mini Resource Health Fair

Tuesday March 18th 10am– 12pm

Join us for a variety of resources for Adults and Seniors
for aging healthy and happy!

Free Blood Pressure screening — Free Bone Density screening
Education for our senior community for healthcare,
prevention and referral services.

- ◆ Hospice Alliance
- ◆ CapTel
- ◆ Molina Healthcare
- ◆ ADRC
- ◆ Kenosha Public Library
- ◆ Hope Council
- ◆ ClearSky
- ◆ KVNA
- ◆ Pinnacle Senior Living

Kenosha Senior Center

Get Active

GROUP FITNESS CLASSES

Stay Healthy

Call the Senior Center with Questions 262-359-6260

Total Body Conditioning *with Theresa*

Tuesday at 11am & Thursday at 9am
Fee: \$2.00 per class

This strength training class incorporates body weight resistance along with hand weights and resistance bands to achieve a total body workout. Exercises are designed to increase muscular strength & endurance with flexibility balance & core work for the perfect workout.

Chair Yoga *with Denise* ZOOM

Monday at 1pm (Jan 20 - April 7)
Fee: \$20.00 for Zoom Session

This class involves a series of seated and standing postures to improve balance, increase strength, lubricate joints and increase mobility. Movements are connected with breath work, to calm and focus the mind. The class ends with a quiet meditation.

Exercise *with Jessica & Jordan*

Monday, Wednesday and Friday at 9am
Fee: Free

This class combines safe stretching and strengthening exercises designed to increase muscular strength, range of motion and activity for daily life. Exercises are performed while seated.

Tai Chi *with Trish*

Tuesday at 9:45am
Fee: \$3.00 per class

Tai Chi is a gentle Chinese martial art that involves fluid, choreographed movements. It's an effective exercise for seniors because it is low-impact and can be performed anywhere. Join this class and improve your balance, coordination, flexibility and overall quality of life.

Cardio Drumming Class *with Denise*

Fridays at 10:30am
Fee: \$20.00 per session
Current Session: TBD

Low impact workout that helps drum off pounds and relieve stress! This fun class uses exercise balls and sticks choreographed to music. Strengthen stabilizer muscles, improve endurance and enhance overall fitness. The class is done standing but can be modified for a seated workout. Drop-Ins welcome to come try it out!





Free Tax Aid AARP

Thursdays, February 6 thru April 3, 2025
9:00 am - 2:30 pm by appointment

Tax-Aide is a free program sponsored by the IRS & AARP that provides income tax counseling, primarily to persons with low or moderate income, who are age 60 and over. The Kenosha Senior Center is one of the locations where their volunteers help people.

How to Sign Up for a Tax Appointment

There are Two Options:

- **Call (262) 671-8461** to set up your appointment. The phone line is open from 8:30am until 3:30pm Mon. thru Fri. You will get an answering machine. Leave a message and someone will return your call to make your appointment. **Important Note: It is a *Google Voice Call* so it may show up as suspected spam when your call is returned.**
- Make your appointment **online**. Go to: www.aarp.org/money/taxes/aarp_taxaide.html

Clients need to bring the following documents to their tax appointment:

- Government issued photo ID
- Social Security Card or ITIN card
- Identity Protection Pin number if issued
- Previous years tax return
- W2's
- 1099 forms (1099-R, 1099-B, 1099-D, 1099-INT)
- SSA-1099
- Amount of medical, vision and dental premiums paid
- Check or Savings routing and account number if direct deposit or debit is desired

Any further questions regarding taxes or appointments, please call 262-671-8461



2024 Christmas Party



Inclement Weather Closing

When the Kenosha Unified School District closes all schools due to inclement weather,

The Kenosha Senior Center will also be closed and no lunches will be served.

Kenosha public schools and the Kenosha Senior Center can be closed due to severe cold, snow or ice. The Superintendent of Schools makes the final decision regarding closures.

Listen to local area news or visit the Kenosha Unified Schools website at www.kusd.edu for school closing announcements.

Remember, during severe weather it is best to stay home and off of roads.

Kandy's Korner



Information, reminders and other news about our Senior Center you might not know or have forgotten!

This week's topic: **LOGO contest**

It's a fun little contest!

Every month we hide a 'mini' logo somewhere in the newsletter for our members to try and find.

Here are some reminders:

When you call or email in your guess you must:

1. Tell us what page it is on
2. Give us your phone number
3. Guesses must be in before the 20th of the month, we pick the names that day.
4. If you **email** it in, **PLEASE** remember: Name, Phone and Page Number on your email or it won't be included in the drawing!

Thank you!! And Have Fun!!

Senior Athletic Passes



Members of the Kenosha Senior Center may receive one FREE pass each year.

Non-members may purchase a pass for \$5.00. These passes are good for entrance into Kenosha Unified Middle and High school **home** athletic events for this school year.

Support Our Student Athletes!

Passes available at the Kenosha Senior Center



Featured Advertisers

Piasecki Funeral Home

*Every Detail Counts
Every Memory Matters*
3720 - 39th Avenue / 262-658-4101

Hospice Alliance

Choose the Best—Ask for us by Name
www.hospicealliance.org
262-652-4400

Brookdale Senior Living

"Memory loss doesn't have to mean all is lost"
Apartments available for those with Dementia
(262) 694-6101 - www.brookdale.com



Monthly Funnies



**What's Irish and comes out during March?
Paddy O'Furniture**

**What do you call 10 rabbits marching
backwards?
A receding hairline!**

**What do you call a fake Irish diamond?
A shamrock**

**How can you tell when a potato is not from
Ireland?
When it's a French fry**

**Where do sheep go for spring break?
The Baa-hamas**

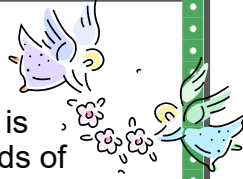
In Memoriam

Our deepest sympathy is extended to family & friends of

William Watkins

and all who have recently suffered a loss.

Our hearts, thoughts & prayers are with you.



Kenosha Senior Center Newsletter:
March 2025 Published Irregularly

Kenosha
Senior Center
2717 - 67th Street
Kenosha, WI 53143



Member Wisconsin Association
of Senior Centers

Answer to the Word Search from page 12

X D B C Q W O F P S Q U O C L I M N R M
S O O Z X I A E O P D Y M G E G X N A L
G E N N C N L I T R A D N B Z L B D R L
R H I I K D U H O I F Y V K R R N U T A
E D S R U Y C C F N F N Q W B E O A D B
E S M I A Q K S G G O O S M S F L A O T
N J L F R R E I O L D C A S L E Y L Y E
Y Z B O M I M M L F I L O A Q L M E A K
A J V L B J S O D E L M N L I L N I Y S
D L E P R E C H A U N I E G L R Y Z X A
S F L O W E R R G S F Q H R U E O A E B
E K W O B N I A R C Z T D O I G G G T C
U G S L R E C K L G S Q T Z K C R E I E
T N Y A D R C S R A R E T S A E K A K L
T R I A M O D O V P I D A Y S O T D S G
A N R U R R W I H C R A M F O S E D I S
F A D M I I N D D G P P B L O S S O M O
P B A B N G S A R G I D R A M N Q Q F T
Z H S G S H O W E R S R J O J Q U J I P
S K A E R B G N I R P S T U L I P S I J

Answer to Sudoku Puzzle #1 on page 13

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 4 | 2 | 8 | 6 | 9 | 3 | 1 | 7 |
| 3 | 1 | 6 | 7 | 5 | 2 | 9 | 8 | 4 |
| 9 | 8 | 7 | 3 | 1 | 4 | 5 | 2 | 6 |
| 8 | 7 | 5 | 4 | 9 | 1 | 2 | 6 | 3 |
| 2 | 3 | 1 | 6 | 7 | 5 | 8 | 4 | 9 |
| 4 | 6 | 9 | 2 | 3 | 8 | 1 | 7 | 5 |
| 7 | 2 | 8 | 5 | 4 | 3 | 6 | 9 | 1 |
| 1 | 5 | 4 | 9 | 8 | 6 | 7 | 3 | 2 |
| 6 | 9 | 3 | 1 | 2 | 7 | 4 | 5 | 8 |

Answer to Sudoku Puzzle #2 on page 17

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 5 | 4 | 3 | 8 | 9 | 1 | 2 | 6 |
| 1 | 6 | 8 | 7 | 4 | 2 | 5 | 9 | 3 |
| 2 | 9 | 3 | 5 | 6 | 1 | 4 | 8 | 7 |
| 5 | 4 | 1 | 6 | 3 | 8 | 2 | 7 | 9 |
| 6 | 2 | 9 | 1 | 7 | 4 | 8 | 3 | 5 |
| 8 | 3 | 7 | 9 | 2 | 5 | 6 | 1 | 4 |
| 3 | 1 | 5 | 8 | 9 | 6 | 7 | 4 | 2 |
| 9 | 8 | 2 | 4 | 5 | 7 | 3 | 6 | 1 |
| 4 | 7 | 6 | 2 | 1 | 3 | 9 | 5 | 8 |





K E N O S H A

Senior Center

Welcome to a brighter day!

2717 67th Street Kenosha, WI 53143

Non-Profit Org.
U.S.
POSTAGE
PAID
Kenosha, WI
Permit No. 515

Current Resident or



good luck

2025
March